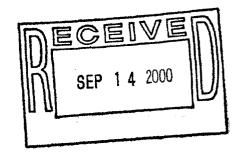
September 6, 2000

Office of Special Nutritionals (HFS-450) Center for Food Safety & Applied Nutrition Food and Drug Administration 200 C Street SW Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer:

Twin Laboratories, Inc. 150 Motor Parkway Hauppauge, NY 11788

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Text of statement being made: "Nutritional Support for healthy joint function;" "Helps maintain healthy joint function, as well as promote mobility and cartilage growth."

Dietary supplement ingredients: Glucosamine Sulfate and Chondroitin Sulfate.

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Dietary supplement brand and name: Twinlab JOINT CARE.

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely

Neil Blechman

Executive Vice President Twin Laboratories, Inc.

Enclosures

915-0162

£ 5869